



## Nutrition Facts

Products	Per Serving (g)	Total calories	Total fat (g)	Trans fat (g)
<b>CAKES</b>				
Sticky Date Cake	367.5 (per slice)	895.63	48.08	0.02
Naked Strawberry Shortcake - 8 inch	260g (per slice)	565.13	30.21	0.56
Naked Strawberry Shortcake - 9 inch	247.5g (per slice)	547.86	29.57	0.552
Naked Strawberry Shortcake - 10 inch	267.08 (per slice)	606.36	32.95	0.608
Red Velvet Crunch Cake with Oreo - 6 inch	463.67 (per slice)	1,423.76	69.06	0.53
Red Velvet Crunch Cake with Oreo - 9 inch	282.1 (per slice)	794.99	43.96	0.374
Red Velvet Crunch Cake with Oreo - 10 inch	296.67 (per slice)	845.19	49.95	0.476
Honeylicious	326.26 (per slice)	1,103.79	57.14	0.64
Whipped Lemon and Raspberry Cake	474 (per slice)	1,401.66	80.03	0.83
Pistach-yo and Saffron Cake	403.67 (per slice)	1,568	103	0.64
White Velvet Party Cake - 6 inch	338g (per slice)	1,114.62	68.25	0.99
White Velvet Party Cake - 9 inch	183.6 (per slice)	568.134	34.43	0.399
Blueberry Cheesecake	206.25 (per slice)	487.15	25.22	0
Strawberry Cheesecake	220g (per slice)	503.6	25.23	0
Mocha Choca Cheesecake - 8 inch	258.75 (per slice)	885.35	47.76	0.33
Mocha Choca Cheesecake - 9 inch	278.7 (per slice)	974.271	52.467	0.366
Mocha Choca Cheesecake - 10 inch	268.75 (per slice)	944.695	51.69	0
Carrot Cake - 8 inch	162.3 (per slice)	619.745	43.723	0.295
Carrot Cake - 9 inch	169g (per slice)	622	46.01	0.5
Carrot Cake - 10 inch	172.83 (per slice)	658.30	46.89	0.34
Choco Loco Cake - 8inch	288g (per slice)	1,026	60.8	0.59
Choco Loco Cake - 9inch	320g (per slice)	1,172.81	72.548	0.794
Choco Loco Cake - 10 inch	298.5 (per slice)	1,128.49	73.20	0.88
Cake Pop Smash - 48 hours notice	100g (per portion)	462	24.62	0.023
Cake Bites	90g (per piece)	318.85	17.13	0
<b>BABY CAKES</b>				
Baby Red Velvet Crunch Cake with Oreo	173g (whole baby cake)	487.54	26.96	0.23
Baby Dulce de Lotus Cake	203g (whole baby cake)	675.95	45.52	0.81
Baby Choco Loco Cake	203g (whole baby cake)	995.91	58.89	0.42
Baby Carrot Cake	183g (whole baby cake)	698.79	49.3	0.33
Baby Naked Strawberry Shortcake	253g (whole baby cake)	549.92	29.41	0.54
Baby Mocha Choca Cheesecake	218g (whole baby cake)	745.87	40.24	0.28
Baby White Velvet Party Cake	188g (whole baby cake)	581.75	35.26	0.41
Baby Whipped Lemon and Raspberry Cake	223g (whole baby cake)	801.6	41.41	0.66
Baby Pistach-yo and Saffron Cake	268g (whole baby cake)	962.24	68.55	0.64
<b>BROWNIES</b>				
Best Fudgin Brownie	85g	329	15.94	0
Crazy Cake	83g	286.26	15.14	0
Nutella Brownie	106g	463.47	24.36	0
Lotus Blondie	182g	768.91	36.67	0
Caramel Vegan Brownie	115g	376.63	15.71	0.03

Products	Per Serving (g)	Total calories	Total fat (g)	Trans fat (g)
<b>CAKES</b>				
Peanut Butter Vegan Brownie	134g	487.32	26.66	1.05
Lotus Vegan Brownie	134g	444.69	23.54	0
Lotus Red Velvet Brownie Delight	125g	439.97	10.86	0.1
<b>COOKIES</b>				
Brown Suga' Babe	85g (per cookie)	368.6	17.02	0
Reese's Peanut Butter	80g (per cookie)	363.65	18.26	0
Triple Choco Chunk Cookie	83g (per cookie)	369.83	17.78	0
Red Velvet Secret with Oreo	118g (per cookie)	499.06	19.66	0.02
S'mores Cookie	82g (per cookie)	350.01	18.33	0
Vegan Choco Chunk Espresso Cookie	80g (per cookie)	376.96	15.49	0.02
Chewy Choco Vegan Cookie	80g (per cookie)	355.27	18.41	0.01
Paint Your Own Cookie Set - 24 hours notice	110g (per set)	366	20	3.5
Chewy Chocolate Melts	35g (per cookie)	155.47	8.51	0
Halaweh and Pistachio Chewy Melts	52g (per cookie)	225.37	13.02	0
Oatmeal Raisin Cookie	72g (per cookie)	279.35	10.59	0
<b>JARS &amp; TRUFFLES</b>				
Pink Tiramoo	173g (1 jar)	531.15	37.08	0.75
Milky Way Jar	91g (1 jar)	207.12	7.04	0.01
Strawberry Shortcake in a Jar	201 (1 jar)	501.07	30.49	0.62
Brownie Mess in a Jar	183g (1 jar)	729.77	53.15	0.59
Peanut Butter V Truffles	25.5g (per truffle)	114.4	5.98	0
Coco Truffles	33g (per truffle)	117.3	6.55	0.22
Whacky Truffles with Oreo	27g (per truffle)	121.97	5.63	0.05
Lotuslicious	27g (per truffle)	105.62	7.04	0
Vegan Strawberry Shortcake in a Jar	200g	366.29	12.87	0
Vegan Brownie Mess in a Jar	241.96g	737.82	19.18	0.03
Milky Saffron Jar	91g (1jar)	389.14	11.42	0
<b>VEGAN</b>				
Vanilla Berry Vegan Cake	154g (per slice)	351.26	12.08	0
Lotus Vegan Cake	144.5g (per slice)	482.53	23.155	1.24
Vegan Cake	196g (per slice)	577.76	30.08	1.234
Vegan Choco Chunk Espresso Cookie	80g (per cookie)	376.96	15.49	0.02
Chewy Choco Vegan Cookie	80g (per cookie)	355.27	18.41	0.01
Peanut Butter V Truffles	25.5g (per truffle)	114.4	5.98	0
Caramel Vegan Brownie	115g	376.63	15.71	0.03
Lotus Vegan Brownie	134g	444.69	23.54	0
Peanut Butter Vegan Brownie	134g	487.32	26.66	1.05
Coco Truffles	33g (per truffle)	117.3	6.55	0.22
Vegan Strawberry Shortcake in a Jar	200g	366.29	12.87	0
Vegan Brownie Mess in a Jar	241.96g	737.82	19.18	0.03
<b>ICE CREAM</b>				
Lotuslicious	100g	160.23	6.63	0
Red Velvet Oreo	100g	231.13	12.18	0.04
White Velvet Party	100g	98.13	1.96	0
NKD Strawberry	100g	117.38	2.82	0.02

<b>Products</b>	<b>Per Serving (g)</b>	<b>Total calories</b>	<b>Total fat (g)</b>	<b>Trans fat (g)</b>
<b>CAKES</b>				
Pistach-yo!	100g	165.55	8.22	0
Vegan Brownie Mess	100g	98.18	1.67	0
Vegan NKD Strawberry	100g	172.52	7.62	0.03
<b>PIES &amp; TRIFLES</b>				
Apple Cinnamon - 24 hours notice	193.5	511.62	61.55	0
Very Berry Blueberry - 24 hours notice	190.6	488.38	16.91	0
Strawberry Crumb - 24 hours notice	190.6	488.08	17.18	0
Key Lime Meringue Pie - 24 hours notice	192.37	539.24	16.41	0
Dirty Banana Cream Pie - 24 hours notice	429.5	954.28	18.71	0
Triple Strawberry Shortcake - 24 hours notice	363	674.43	21.82	0
Pile High Nutella Crisp - 24 hours notice	319	1,113.16	73.22	0
Lotus Lovers - 24 hours notice	262.9	1,317	68.21	0

Products	Saturated fat	Carbohydrates	Sugar (g)	Added Sugars
<b>CAKES</b>				
Sticky Date Cake	10.91	89.40	65.93	51.42
Naked Strawberry Shortcake - 8 inch	12.50	67.485	45.03	44.367
Naked Strawberry Shortcake - 9 inch	12.388	64.884	43.56	42.91
Naked Strawberry Shortcake - 10 inch	13.699	71.27	46.55	45.554
Red Velvet Crunch Cake with Oreo - 6 inch	18.79	113.66	111.63	111.08
Red Velvet Crunch Cake with Oreo - 9 inch	13.37	56.93	52.60	52.60
Red Velvet Crunch Cake with Oreo - 10 inch	17.35	61.43	52.44	52.25
Honeylicious	18.04	117.13	82.30	82.30
Whipped Lemon and Raspberry Cake	20.47	164.06	157.02	154.30
Pistach-yo and Saffron Cake	15.12	146.1	108.6	48.07
White Velvet Party Cake - 6 inch	22.45	112.32	81.3	80.08
White Velvet Party Cake - 9 inch	9.193	58.286	40.21	39.501
Blueberry Cheesecake	2.55	50.40	39.49	35.83
Strawberry Cheesecake	2.56	61.19	44.24	40.58
Mocha Choca Cheesecake - 8 inch	12.01	74.06	72.07	71.075
Mocha Choca Cheesecake - 9 inch	13.306	80.549	77.918	73.397
Mocha Choca Cheesecake - 10 inch	0.38	78.59	74.30	69.16
Carrot Cake - 8 inch	6.431	39.189	35.278	34.407
Carrot Cake - 9 inch	10.15	35.56	30.71	30.02
Carrot Cake - 10 inch	7.23	40.96	36.70	35.88
Choco Loco Cake - 8inch	22.33	84.54	73.72	73.72
Choco Loco Cake - 9inch	30.051	95.485	81.362	81.362
Choco Loco Cake - 10 inch	33.644	89.47	74.06	74.06
Cake Pop Smash - 48 hours notice	12.21	52.27	49.896	49.77
Cake Bites	0.74	32.39	30.7	12.37
<b>BABY CAKES</b>				
Baby Red Velvet Crunch Cake with Oreo	8.2	34.91	32.26	32.13
Baby Dulce de Lotus Cake	17.73	55.27	44.68	44.43
Baby Choco Loco Cake	16.47	91.24	83.08	83.08
Baby Carrot Cake	7.25	44.19	39.78	38.8
Baby Naked Strawberry Shortcake	12.17	65.67	43.82	43.17
Baby Mocha Choca Cheesecake	10.12	62.39	60.72	60.72
Baby White Velvet Party Cake	9.41	59.68	41.17	40.45
Baby Whipped Lemon and Raspberry Cake	14.55	102.06	58.19	57.3
Baby Pistach-yo and Saffron Cake	13.75	77.04	55.34	17.86
<b>BROWNIES</b>				
Best Fudgin Brownie	0.24	36.58	31.30	31.30
Crazy Cake	2.62	35.17	20.24	19.51
Nutella Brownie	4.39	50.15	45.87	45.68
Lotus Blondie	4.39	50.15	45.87	45.68
Caramel Vegan Brownie	0.42	57.6	40.86	30.13

<b>Products</b>	<b>Saturated fat</b>	<b>Carbohydrates</b>	<b>Sugar (g)</b>	<b>Added Sugars</b>
<b>CAKES</b>				
Peanut Butter Vegan Brownie	3.67	33.67	31.39	30.45
Lotus Vegan Brownie	2.09	56.62	23.81	22.96
Lotus Red Velvet Brownie Delight	2.15	67.09	38.02	38.02
<b>COOKIES</b>				
Brown Suga' Babe	1.81	33.15	31.03	31.03
Reese's Peanut Butter	2.96	29.17	28.35	23.17
Triple Choco Chunk Cookie	5.23	47.97	32.24	32.24
Red Velvet Secret with Oreo	2.5	42.89	44.11	44.11
S'mores Cookie	2.83	43.13	29.06	29.05
Vegan Choco Chunk Espresso Cookie	3.37	48.58	25.05	24.81
Chewy Choco Vegan Cookie	8.34	25.26	19.4	19.34
Paint Your Own Cookie Set - 24 hours notice	12	82	51	51
Chewy Chocolate Melts	3.44	14.13	10.99	10.99
Halaweh and Pistachio Chewy Melts	4.40	23.83	14.58	14.27
Oatmeal Raisin Cookie	0.26	43.07	24.46	1.57
<b>JARS &amp; TRUFFLES</b>				
Pink Tiramoo	14.18	36.18	24.44	24.21
Milky Way Jar	3.01	27.8	26.52	26.52
Strawberry Shortcake in a Jar	14.06	52.57	37.39	37
Brownie Mess in a Jar	22.99	49.83	38.47	38.42
Peanut Butter V Truffles	5.98	11.65	8.31	2.15
Coco Truffles	1.84	9.14	7.44	7.44
Whacky Truffles with Oreo	0	1.73	8.77	8.77
Lotuslicious	0.93	8.25	5.41	5.41
Vegan Strawberry Shortcake in a Jar	0.73	43	39.16	39.16
Vegan Brownie Mess in a Jar	0.66	119.93	49.07	37.79
Milky Saffron Jar	6.02	60.61	45.79	45.79
<b>VEGAN</b>				
Vanilla Berry Vegan Cake	0.006	18.70	14.81	14.81
Lotus Vegan Cake	3.57	41.87	37.67	37.67
Vegan Cake	8.34	48.47	39.13	39.13
Vegan Choco Chunk Espresso Cookie	3.37	48.58	25.05	24.81
Chewy Choco Vegan Cookie	8.34	25.26	19.4	19.34
Peanut Butter V Truffles	5.98	11.65	8.31	2.15
Caramel Vegan Brownie	0.42	57.6	40.86	30.13
Lotus Vegan Brownie	2.09	56.62	23.81	22.96
Peanut Butter Vegan Brownie	3.67	33.67	31.39	30.45
Coco Truffles	1.84	9.14	7.44	7.44
Vegan Strawberry Shortcake in a Jar	0.73	43	39.16	39.16
Vegan Brownie Mess in a Jar	0.66	119.93	49.07	37.79
<b>ICE CREAM</b>				
Lotuslicious	0.01	21.82	10.7	8.79
Red Velvet Oreo	3.89	19.69	16.75	14.99
White Velvet Party	0.19	16.86	14.29	12.2
NKD Strawberry	0.9	18.71	16.07	14.18

<b>Products</b>	<b>Saturated fat</b>	<b>Carbohydrates</b>	<b>Sugar (g)</b>	<b>Added Sugars</b>
<b>CAKES</b>				
Pistach-yo!	0.95	15.57	13.62	10.48
Vegan Brownie Mess	0.89	21.41	4.95	4.95
Vegan NKD Strawberry	2.71	26.33	11.52	11.44
<b>PIES &amp; TRIFLES</b>				
Apple Cinnamon - 24 hours notice	0.60	45.76	98.28	98.28
Very Berry Blueberry - 24 hours notice	0.6	52.33	45.46	45.388
Strawberry Crumb - 24 hours notice	0.7	53.09	41.40	41.33
Key Lime Meringue Pie - 24 hours notice	3.75	75.67	73	72.02
Dirty Banana Cream Pie - 24 hours notice	8.23	189.85	28.36	15.11
Triple Strawberry Shortcake - 24 hours notice	7.63	117.11	88.5	73.22
Pile High Nutella Crisp - 24 hours notice	21.41	96.87	52.69	52.01
Lotus Lovers - 24 hours notice	25.03	168.1	136.51	71.4

<b>Products</b>	<b>Protein (g)</b>	<b>Sodium (mg)</b>
<b>CAKES</b>		
Sticky Date Cake	32.676	558.97
Naked Strawberry Shortcake - 8 inch	9.18	92.488
Naked Strawberry Shortcake - 9 inch	8.809	89.841
Naked Strawberry Shortcake - 10 inch	9.705	102.50
Red Velvet Crunch Cake with Oreo - 6 inch	19.67	1,168.02
Red Velvet Crunch Cake with Oreo - 9 inch	12.34	549.955
Red Velvet Crunch Cake with Oreo - 10 inch	13.10	523.79
Honeylicious	11.56	428.59
Whipped Lemon and Raspberry Cake	13.1	875.84
Pistach-yo and Saffron Cake	21.99	345.6
White Velvet Party Cake - 6 inch	14.90	233.69
White Velvet Party Cake - 9 inch	8.226	125.793
Blueberry Cheesecake	8.20	338.235
Strawberry Cheesecake	8.28	338.83
Mocha Choca Cheesecake - 8 inch	12.63	488.755
Mocha Choca Cheesecake - 9 inch	13.743	537.673
Mocha Choca Cheesecake - 10 inch	13.27	485.07
Carrot Cake - 8 inch	6.12	446.30
Carrot Cake - 9 inch	6.05	423.86
Carrot Cake - 10 inch	6.49	468.35
Choco Loco Cake - 8inch	14.81	583.1
Choco Loco Cake - 9inch	16.42	554.459
Choco Loco Cake - 10 inch	15.37	424.05
Cake Pop Smash - 48 hours notice	5.578	15.7715
Cake Bites	2.64	134.59
<b>BABY CAKES</b>		
Baby Red Velvet Crunch Cake with Oreo	7.57	337.26
Baby Dulce de Lotus Cake	8.48	3046.32
Baby Choco Loco Cake	13.29	767.13
Baby Carrot Cake	6.9	503.23
Baby Naked Strawberry Shortcake	8.94	90
Baby Mocha Choca Cheesecake	10.64	416.62
Baby White Velvet Party Cake	8.42	128.81
Baby Whipped Lemon and Raspberry Cake	8.96	206.93
Baby Pistach-yo and Saffron Cake	14.7	243
<b>BROWNIES</b>		
Best Fudgin Brownie	4.27	183
Crazy Cake	3.06	301.23
Nutella Brownie	6.02	160.58
Lotus Blondie	6.02	160.58
Caramel Vegan Brownie	3.04	346.36



<b>Products</b>	<b>Protein (g)</b>	<b>Sodium (mg)</b>
<b>CAKES</b>		
Peanut Butter Vegan Brownie	7.07	545.36
Lotus Vegan Brownie	2.89	437.89
Lotus Red Velvet Brownie Delight	6.72	278.04
<b>COOKIES</b>		
Brown Suga' Babe	4.71	177.54
Reese's Peanut Butter	5.6	339.05
Triple Choco Chunk Cookie	3.86	252.25
Red Velvet Secret with Oreo	6.4	222.17
S'mores Cookie	2.95	94.06
Vegan Choco Chunk Espresso Cookie	4.23	673.69
Chewy Choco Vegan Cookie	4.01	179.05
Paint Your Own Cookie Set - 24 hours notice	5	100
Chewy Chocolate Melts	2.26	64.07
Halaweh and Pistachio Chewy Melts	3.40	70.96
Oatmeal Raisin Cookie	4.33	11.66
<b>JARS &amp; TRUFFLES</b>		
Pink Tiramoo	6.55	255.41
Milky Way Jar	4.94	87.05
Strawberry Shortcake in a Jar	7.07	81.56
Brownie Mess in a Jar	10.31	571.27
Peanut Butter V Truffles	2.76	196.27
Coco Truffles	1.18	102.84
Whacky Truffles with Oreo	1.48	130.58
Lotuslicious	1.64	90.01
Vegan Strawberry Shortcake in a Jar	3.58	201.75
Vegan Brownie Mess in a Jar	24.95	622.25
Milky Saffron Jar	11.72	118.77
<b>VEGAN</b>		
Vanilla Berry Vegan Cake	5.09	387.15
Lotus Vegan Cake	4.03	590.83
Vegan Cake	5.76	575.78
Vegan Choco Chunk Espresso Cookie	4.23	673.69
Chewy Choco Vegan Cookie	4.01	179.05
Peanut Butter V Truffles	2.76	196.27
Caramel Vegan Brownie	3.04	346.36
Lotus Vegan Brownie	2.89	437.89
Peanut Butter Vegan Brownie	7.07	545.36
Coco Truffles	1.18	102.84
Vegan Strawberry Shortcake in a Jar	3.58	201.75
Vegan Brownie Mess in a Jar	24.95	622.25
<b>ICE CREAM</b>		
Lotuslicious	197	46.18
Red Velvet Oreo	3.5	105.59
White Velvet Party	2.3	9.21
NKD Strawberry	1.99	4.75



<b>Products</b>	<b>Protein (g)</b>	<b>Sodium (mg)</b>
<b>CAKES</b>		
Pistach-yo!	3.92	6.55
Vegan Brownie Mess	0.46	37.64
Vegan NKD Strawberry	1.34	71.23
<b>PIES &amp; TRIFLES</b>		
Apple Cinnamon - 24 hours notice	4.76	156.28
Very Berry Blueberry - 24 hours notice	5.11	169.53
Strawberry Crumb - 24 hours notice	5.36	194.475
Key Lime Meringue Pie - 24 hours notice	10.70	172.50
Dirty Banana Cream Pie - 24 hours notice	5.67	345.53
Triple Strawberry Shortcake - 24 hours notice	7.69	233.7
Pile High Nutella Crisp - 24 hours notice	16.62	210.74
Lotus Lovers - 24 hours notice	9.72	645.51